



BIKING: Santa Cruz to San Luis Obispo (SLO) – 4 Day Itinerary *(201 Total Miles / Daily Average = 50 miles / Daily Range = 39-71 miles)*

Day One – Santa Cruz to Monterey – 46 miles (elevation +1923 / -1934 ft)

From Santa Cruz to the Monterey Peninsula the coastal route weaves through farmland (watch for artichokes!) and along scenic dune areas with long stretches on bike paths. Along the way you may see sea lions and seals as you cross Elkhorn Slough at Moss Landing. The historic town of Monterey features Monterey Bay Aquarium and Cannery Row, made famous by writer John Steinbeck.

Day Two – Monterey to Big Sur – 45 miles (elevation +2748 / -2530 ft)

Today's ride begins with a side trip out to scenic 17 Mile Drive to experience the storied golf courses of Pebble Beach. We'll continue through Carmel, enjoying its white sandy beach and beautiful mission. South of Carmel, we enter the fabled Big Sur coastline, home to some of the most spectacular coastal scenery anywhere in the world. Here Highway One is often carved out of cliffs and ridges high above the Pacific Ocean with waves crashing below on rocky sea stacks. After crossing photogenic Bixby Bridge and climbing to Hurricane Point, the ride finishes a short distance inland among the redwoods in the town of Big Sur.

Day Three – Big Sur to Cambria – 71 miles (elevation +5832 / -6039 ft)

The rest of the epic Big Sur coast dominates the first 50 miles of the ride today. Right off the bat you'll tackle the biggest hill of the tour as you climb above the Big Sur River past colorful cafes before descending back toward the ocean. Short hikes to redwood canyons and waterfalls as well as panoramic views from scenic vistas line this stretch of the route. After the hills leading up to Ragged Point the terrain levels out as we ride through idyllic ranchland past an elephant seal colony and Hearst Castle before getting a well earned night's rest in the seaside village of Cambria.

Day Four – Cambria to San Luis Obispo (SLO) – 39 miles (elevation +1456 / -1273 ft)

South of Cambria you'll veer inland for short while before returning to the coast just north of Cayucos, a classic beach town with a pier, a huge sandy beach and surfers plying the waves just offshore. Our route hugs the coast from Cayucos south to Morro Bay, which is a fishing village with a scenic harbor area. From Morro Bay to SLO you'll skirt the edge of wildlife rich Morro Bay National Estuary before cutting inland for some hilly but very scenic cycling. SLO (voted happiest town in North America!) features an historic mission and a vibrant walkable downtown area.

*****Please note that all mileages and elevation gain/loss data are approximate only and will vary according to hotel location and actual routes ridden.*****

Potential Layover Day Locations

Monterey

The Monterey Peninsula offers a host of activities for a layover day. The world class [Monterey Bay Aquarium](#) and Cannery Row are very popular to explore. Monterey was the capital of California in the late 1700s and early 1800s and has an interesting downtown historic district. Golf enthusiasts might enjoy the famous [golf courses of Pebble Beach](#), just south of Monterey. In winter, [Pacific Grove](#) (also just south of Monterey) is the home for thousands of migrating monarch butterflies. Kayaking on Monterey Bay with [Monterey Bay Kayaks](#) is yet another option.

Big Sur

Big Sur is an amazing destination for just relaxing under a canopy of towering redwood trees or for enjoying some incredible hiking. [Andrew Molera State Park](#) has a variety of hikes featuring ocean views and river valleys. [Pfeiffer Big Sur State Park](#) has several hikes into the redwoods, along lush canyon bottoms and up to great viewpoints.

Cambria

The oceanside village of Cambria has quite a few diverse offerings for a layover day. The town itself is filled with art galleries, other shopping options and excellent small restaurants. Scenic hiking trails surround the town and can also be found just north of town in [San Simeon State Park](#). Many visitors to Cambria enjoy a tour at the iconic [Hearst Castle](#), about 6 miles north of town. Just opposite the entrance to Hearst Castle in San Simeon Cove, a popular place to kayak with [Sea For Yourself Kayaks](#) or to just sit on the beach.

San Luis Obispo

This diverse town offers plenty of galleries and restaurants in its [award winning downtown area](#). The [Edna Valley](#) stretches south of town and offers numerous winery tasting rooms and great cycling.

Last update 3/2/19