



## **BIKING: Humboldt Redwoods to Bodega Bay – 4 Day Itinerary** *(182 Total Miles / Daily Average = 46 Miles)*

### **Day One – Avenue of the Giants – 30 miles (elevation +2172 / -2002 ft)**

At the start of this California North Coast bike tour we meet in the San Francisco Bay Area in the morning, and shuttle four hours north to Humboldt Redwoods State Park, home to some of the tallest trees in the world. In the afternoon, we cycle down the Avenue of the Giants, a winding road right through the heart of redwood country. At the end of the day's bike ride, we usually stay in or near Garberville, a small town nestled among the towering trees.

### **Day Two – Leggett to Mendocino – 54 miles (elevation +5827 / -6680 ft)**

In the morning we shuttle over a busy stretch of US 101 before starting our ride in Leggett. Get ready for the biggest climb of the California North Coast bike tour over Leggett Hill with just under 2000 feet of elevation gained. From the top the descent is a long rollicking one toward the Pacific Coast. The climbing is not over as we also tackle Rockport Hill before cycling down a remote and stunningly beautiful stretch of coastal Highway One. Today's ride on the California North Coast bike tour ends in the restored old logging town of Mendocino. It's also possible to shorten this day by about 10 miles by ending the ride in Fort Bragg and shuttling to Mendocino.

### **Day Three – Mendocino to Gualala – 49 miles (elevation +5168 / -5212 ft)**

More spectacular California coastal bicycling on our North Coast bike tour beckons as we follow Highway One down the Mendocino coast, biking by the historic Pt. Arena lighthouse as well as several state parks. Although there are no major climbs, the terrain is mostly up and down with many hills and scenic vistas. After a full day of cycling on this California North Coast bike tour our destination for the day is Gualala, a small coastal village at the mouth of the Gualala River.

### **Day Four – Gualala to Bodega Bay – 49 miles (elevation +4593 / -4594 ft)**

Continuing down the coast from Gualala, we'll pass through the ecologically oriented development of Sea Ranch and Salt Point State Park before passing the old Russian settlement of Fort Ross. Past Fort Ross we tackle the climb and descent of Jenner Hill and gain the mouth of the Russian River near Jenner. From here, we cycle further down the coast to Bodega Bay, a charming fishing village.

***\*\*Please note that all mileages and elevation gain/loss data are approximate only and will vary according to hotel location and actual routes ridden.\*\****