



BIKING: Carmel to San Luis Obispo (SLO) – 3 Day Itinerary *(136 Total Miles, Daily Average = 45 miles / Daily Range = 39-50 miles)*

Day One – Carmel to Lucia – 50 miles (elevation +4644/ -4334 ft)

South of Carmel, you'll enter the fabled Big Sur coastline, home to some of the most spectacular coastal scenery anywhere in the world. Here Highway One is often carved out of cliffs and ridges high above the Pacific Ocean with waves crashing below on rocky sea stacks. After crossing photogenic Bixby Bridge and climbing to Hurricane Point, you'll ride through the redwoods near the town of Big Sur and tackle a big climb to regain the coast and epic views. Home for the night is the dramatic Lucia Lodge, perched on a cliff above the ocean.

Day Two – Lucia to Cambria – 47 miles (elevation +3519 / -3613 ft)

The rugged and remote Big Sur coastline dominates the first part of the day, with opportunities for short hikes to waterfalls and panoramic views of the Pacific. After the hills leading up to Ragged Point the terrain levels out as we ride through idyllic ranchland past an elephant seal colony and Hearst Castle before getting a well earned night's rest in the seaside village of Cambria.

Day Three – Cambria to San Luis Obispo (SLO) – 39 miles (elevation +1456 / -1273 ft)

South of Cambria you'll veer inland for short while before returning to the coast just north of Cayucos, a classic beach town with a pier, a huge sandy beach and surfers plying the waves just offshore. Our route hugs the coast from Cayucos south to Morro Bay, which is a fishing village with a scenic harbor area. From Morro Bay to SLO you'll skirt the edge of wildlife rich Morro Bay National Estuary before cutting inland for some hilly but very scenic cycling. SLO (voted happiest town in North America!) features an historic mission and a vibrant walkable downtown area.

*****Please note that all mileages and elevation gain/loss data (in feet) are approximate only and will vary according to hotel location and actual routes ridden.*****

Potential Layover Day Locations

Cambria

There is quite a selection of art galleries, fine restaurants and wine tasting available in Cambria. [Hearst Castle](#) is just a few miles north. Try kayaking in San Simeon Cove with [Sea For Yourself](#). There are also numerous hiking trails in and around Cambria, including [San Simeon State Park](#) as well as some really nice inland valleys just north and south of town that are great to explore by bike.

San Luis Obispo

This diverse town offers plenty of galleries and restaurants in its [award winning downtown area](#). The [Edna Valley](#) stretches south of town and offers numerous winery tasting rooms and great cycling.

Last update 1/15/17