



## **BIKING: Ragged Point to SLO (5 DAYS) - v2**

### ***Summary***

San Luis Obispo (SLO) County offers a great combination of spectacular coastal riding, lightly trafficked inland valleys, diverse small towns and winery areas to cycle in. There are many diversions along the way, including Hearst Castle, kayaking and hiking. This tour features shorter days with chances to add miles or pursue other activities if desired and is appropriate for families as well as adult groups.

### ***Itinerary***

#### **Day One – Arrival, Bike Ragged Point to Cambria (20-30 Miles)**

The Central Coast Outdoors (CCO) representative will meet you in San Luis Obispo (SLO) in the morning. After meeting, we'll shuttle you to the start of the ride in Ragged Point (a little over 1 hour). From Ragged Point you'll ride down a spectacular stretch of coast to Cambria. Along the way you'll pass a colony of decidedly odd looking elephant seals and the iconic [Hearst Castle](#). There should be time for an afternoon tour of Hearst Castle, if desired.

#### **Day Two – Bike Cambria to Morro Bay (20-35 Miles)**

South of Cambria Highway One cuts inland through ranchland for a few miles before coming back to the coast in the small beachside surf town of Cayucos. Enjoy the pier and beach before the short spin along the coast to Morro Bay. Morro Bay is an old fishing town with a harbor and walkable waterfront area. Two options today into pretty inland valleys out of Cambria and/or Cayucos can add miles as well.

#### **Day Three – Bike Morro Bay to SLO (15-40 miles)**

The short mileage on the direct route from Morro Bay to SLO today allows for many different options. Morro Bay is protected from the open ocean and is filled with wildlife, making it a wonderful place to kayak. A [morning kayak tour by Central Coast Outdoors](#) is a great way to experience the bay, or you can just rent kayaks and go out on your own. The cycling from Morro Bay to SLO skirts the edge of Morro Bay before heading inland past idyllic ranches on the way to the town of SLO, recently recognized as the happiest town in America. Between Morro Bay and SLO you can do a dramatic (and hilly) out and back coastal ride through [Montana de Oro State Park](#), where some excellent hiking is also available.

#### **Day Four – Bike SLO to Avila Beach (15-25 miles)**

Today's route heads back to the coast and starts out along frontage roads before taking a scenic and popular creekside bike path toward the town of Avila Beach. Along the way there is a fun side trip up the apple growing area in See Canyon. If you want to soak any tired muscles in a hot tub, there are a couple of hot springs facilities along the way as well. Avila Beach is a small seaside resort area with a pier and beach area. A walk to the end of the pier is often rewarded by barking sea lions.

## **Day Five - Bike Avila Beach to SLO via Edna Valley (20-50 miles)**

Continuing south along the coast, you'll pass through another classic beach town with a pier, Pismo Beach, before heading inland to the Edna Valley. The Edna Valley is a beautiful wine growing region that boasts many award winning wines and scenic cycling. There are many ways to add miles today into other valleys around the Edna Valley. The ride ends with a nice bike path back into SLO.

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