



BIKING: Ragged Point to SLO – 3 Day Itinerary *(58 Total Miles / Daily Average = 19 miles / Daily Range = 15-22 miles)*

Day One – Ragged Point to Cambria – 22 miles (elevation +937 / -1202 ft)

After meeting the Central Coast Outdoors representative in or near San Luis Obispo (SLO), you'll shuttle a little over an hour to Ragged Point to begin the tour. From Ragged Point you'll ride down a spectacular stretch of coast to Cambria. Along the way you'll pass a colony of decidedly odd looking elephant seals and the iconic [Hearst Castle](#). There should be time for an afternoon tour of Hearst Castle, if desired. Options into lightly trafficked inland valleys toward the end of the ride can add more miles. Home for the evening is the charming seaside village of Cambria, featuring numerous art galleries and restaurants. *Note that the ten miles of Highway One between Ragged Point and the elephant seal colony has significant stretches with little to no shoulder and variable traffic volume. It is possible to minimize this section by starting at Old Piedras Blancas Motel just north of the elephant seal colony.*

Day Two – Cambria to Morro Bay – 21 miles (elevation +724 / - 742 ft)

South of Cambria Highway One cuts inland through rangeland for a few miles before coming back to the coast in the small beachside surf town of Cayucos. Enjoy the pier and beach before the short spin along the coast to Morro Bay. Morro Bay is an old fishing town with a harbor and walkable waterfront area. Two options today into pretty inland valleys out of Cambria and/or Cayucos can add miles as well.

Day Three – Bike Morro Bay to SLO (15-40 miles)

The short mileage on the direct route from Morro Bay to SLO today allows for many different options. Morro Bay is protected from the open ocean and is filled with wildlife, making it a wonderful place to kayak. A [morning kayak tour by Central Coast Outdoors](#) is a great way to experience the bay, or you can just rent kayaks and go out on your own. The cycling from Morro Bay to SLO skirts the edge of Morro Bay National Estuary before heading inland past idyllic ranches and farms on the way to the town of SLO, recently recognized as the happiest town in America. Between Morro Bay and SLO you can do a dramatic (and hilly) out and back coastal ride through [Montana de Oro State Park](#), where some excellent optional hiking is also available..

*****Please note that all mileages and elevation gain/loss data are approximate only and will vary according to hotel location and actual routes ridden. *****

Potential Layover Day Locations

Cambria

There is quite a selection of art galleries, fine restaurants and wine tasting available in Cambria. [Hearst Castle](#) is just a few miles north. Try kayaking in San Simeon Cove with [Sea For Yourself](#). There are also numerous hiking trails in and around Cambria, including [San Simeon State Park](#) as well as some really nice inland valleys just north and south of town that are great to explore by bike.

Morro Bay

Morro Bay features a fun waterfront harbor area and a beautiful sandy beach stretching north from town along the coast. Kayak tours in wildlife rich Morro Bay National Estuary are available through [Central Coast Outdoors](#) or you can just rent and explore the bay and estuary on your own. Great hiking can be had just south of town in [Morro Bay State Park](#).

Last update 5/1/18